



TOP 20 SPA

Visitors to Dubai are spoilt for choice with the variety of spas in Dubai, their unique themes, style and concept treatments. Influences are drawn from the East and West and this international feel is evident with spa themes ranging from Egyptian and Thai to contemporary. Dubai's spa backdrops include the beach, city, and desert providing the perfect opportunity to relax and unwind.

1. **Talise Spa, Madinat Jumeirah**

Talise is more than a spa. It is a destination providing out of this world spa and wellness experiences for the mind, body and soul. A wide collection of relaxing and pampering spa treatments are complemented by advanced and bespoke science, medicine and evidence based therapies, paired with an onsite pathology lab. All treatments are administered by an expert team of leading traditional and alternative practitioners who are focused on restoring you to the perfect balance. From conventional to homeopathic medicine, from health and nutritional programmes to Ayurvedic medicine, and from innovative diagnostics to Chinese medicine – this is all provided in a tranquil, relaxing and luxurious environment at Madinat Jumeirah in Dubai.

2. **Amara, Park Hyatt Hotel, Deira**

Amara is a true sanctuary of luxury and tranquillity. A magnificent tribute to the ancient Moorish palaces, the white exterior and royal blue domes offer a welcoming entrance into this private and secluded spa, where exotic rituals have been created to stimulate the senses, soothe and rejuvenate. With soft evening lights of flickering candles and oil lanterns, Amara spa is reminiscent of the 'Arabian Nights' tale.

3. **Assawan, Burj Al Arab, Jumeirah**

Discover the wonderful feeling of well-being that comes with total skin and body treatment at the hands of their experts. At Assawan Spa & Health Club, a wide range of massage techniques is offered including Thai, Indian, Swedish, Shiatsu and Balinese, all of which are selected specifically to address personal preferences and ailments.



TOP 20 SPAS

Top 20 Spas continued

4. **B/Attitude, Grovesnor House Dubai, Dubai Marina**

The B/Attitude Spa welcomes you to an adventure through the senses, with all natural, oriental treatments that restore harmony between body and mind. Breaking the traditional spa experience with a divine combination of oriental opulence, Chakra infused décor, unique atmosphere and a plethora of signature treatments, combined with our unparalleled service, this restful sanctuary will help reserve the signs of ageing and melt away the ills of stress.

5. **Belle Femme Salon and Spa, Dubai Marina**

This brand has fast become a stalwart on the Dubai beauty scene and with winning the prestigious 'Best of Dubai' award - Belle Femme is at the top of its field. Belle Femme provides a wide variety of nail, hair style and hair treatments, Moroccan Bath, massage and body treatments, and facials including the luxurious 24K Gold Massage and Oxygen treatment facials and the Floral and Diamond Peels.

6. **Caracalla Spa, Le Royal Meridien Beach Resort and Spa, Dubai Marina**

Caracalla, the hotel's uniquely designed Roman themed Spa & Health Club, is the ideal retreat for mind and body. The Spa also boasts five Hammam pools, saunas, steam rooms, Jacuzzis, state-of-the art gym and aerobic centre. The spa offers a holistic range of beauty treatments and unforgettable experiences for the body and mind. A sensory journey awaits visitors to the Caracalla Spa.

7. **Cleopatra's Spa, Wafi, Oud Metha**

Drawing inspiration from the style and elegance of the legendary ancient Egyptian queen of the same name, Cleopatra's spa captures the wonders of Arabia presenting them in a superbly luxurious spa experience. As the largest day spa in the United Arab Emirates, it is renowned for its outstanding service, luxurious settings and wide selection of international treatments.

8. **Man/Age Men's Spa, Dubai Marina**

Man / Age Luxury Men's Spa has strived to revolutionize the indulgence of the Modern Man. Breaking the myth of the grooming concept being feminine, the spa have triggered the path for men who believe that shaping personality is through both internal and external focus of self.



TOP 20 SPAS

Top 20 Spas continued

9. Amrita Spa , Raffles Dubai, Oud Metha

Raffles Amrita Spa Dubai is a full service spa - a haven for relaxation. It consists of private spa suites, a VIP Suite and a private garden sanctuary in the Raffles Botanical Garden, a 10,000 square foot garden inspired by ancient Egyptian gods and the life elements of Earth, Air, Fire and Water - with a variety of exotic tropical plants.

10. Talise Ottoman Spa, Jumeirah Zabeel Saray

On the West Crescent of Palm Jumeirah discover Jumeirah Zabeel Saray, a magnificent tribute to the ancient palaces of the Ottoman Empire. Within this spectacular palace, behind immense and ornately carved doors, awaits Dubai's best-kept secret, Talise Ottoman Spa. At the heart of this palatial spa, is an authentic and spectacular Turkish spa and hammam. Begin a journey of wellbeing which combines the ancient healing philosophies of the Ottomans with modern-day spa technology and luxury. Marvel at the elaborate interiors, the crafted marble, the mosaics and stunning murals in an atmosphere infused with delicate aromas of the orient.

11. SensAsia Urban Spa, The Village Mall, Jumeirah

Admired internationally and adored by Dubai's fashion set, SensAsia Urban Spa is an uber chic day spa designed for the modern woman and man of today. With a selection of divine designer treatments to melt away the stresses of everyday life, the award-winning boutique spa combines both Asian philosophy and Western science, integrating health and wellness in a modern Oriental, urban environment. SensAsia takes you on a blissful experience with Balinese grace, Thai charm and Japanese elegance to a sanctuary passionate about pampering and rejuvenation.

12. ShuiQi Spa and Fitness, Atlantis the Palm, Palm Jumeirah

ShuiQi Spa and Fitness is a memorable experience, awakening your senses, within awe-inspiring and serene water surroundings. It is a tranquil place of serenity, opulence and pure indulgence. This luxurious spa is home to the famous Bastien Gonzalez pedicure.



TOP 20 SPAS

Top 20 Spas continued

13. **Softouch Spa, Kempinski Hotel, Mall of Emirates**

Softouch Spa encompasses both health and wellness elements to ensure a relaxing and pleasurable experience. Their wide range of luxurious face and body treatments are tailor made through a diagnosis to further customize product selection and treatment for your body nature. Softouch spa features elements of nature such as water stream, stone floors, pebble tiles and silk walls in a blend that is truly soothing and relaxing.

14. **The Spa at the Address, The Address, Downtown Dubai**

The Spa offers a refreshing experience through an array of specially designed treatments that suit the lifestyles of Dubai residents and visitors. The welcoming ambience offers a unique setting for equilibrium and harmony. The Spa offers eleven treatment rooms including a private suite for two and a dedicated Thai massage room. Luxurious showers including a magnificent rain-dance shower, steam rooms, a nail suite and relaxation areas are additional features.

15. **The Organic Glow Beauty Lounge, Jumeirah, Dubai**

Dubai's first and only eco-spa, promoting ethical beauty by offering organic, cruelty-free, vegan, non-toxic and natural treatments, services and products. Amidst the zen-inspired elegant and cosy villa in Jumeirah, the interior is a 'green' environment that respects nature: from eco-friendly interiors and energy-saving lighting to using biodegradable towels and waste recycling. Attentive staff will pamper you with a menu of toxic-free services that includes organic sugaring, natural hair treatments, ammonia-free colour, fresh fruit facials, home-made body scrubs, formaldehyde-free nail treatments and much more.

16. **Spa, The Ritz-Carlton Hotel, Dubai**

Escape to The Ritz-Carlton, Dubai spa hotel where mystical eastern therapies and treatments blend seamlessly with European wellness and beauty rituals. Amenities at this luxurious spa resort include eight treatment rooms, a dry sauna, whirlpool and eucalyptus steam rooms, plus two new ladies-only treatment rooms for complete privacy. In addition to the services and amenities offered at our luxury spa, guests can keep up their work-out routine in our hotel's state-of-the-art fitness centre.



TOP 20 SPAS

Top 20 Spas continued

17. Hello Kitty Spa, Town Centre, Jumeirah

The world's first Hello Kitty themed spa is every girly-girl's dream come true. Offering a range of pampering treatments from massages to 'kitty-cures' (a Hello Kitty version of a manicure), they are all about sugar, spice and everything incredibly nice! The salon also has a "Kitty Cafe", which sells baked goods, teas, juices and Hello Kitty cupcakes. This pampering luxury is kid friendly and is a splendid chance for a unique spa experience.

18. Oriental Hammam, One&Only Royal Mirage, Jumeirah

Rest, fully relaxed, on a heated marble slab, an expert masseur attends to every needs of the body, rejuvenating the skin and invigorating tired muscles. Known locally as tellaks or tayebs, the masseurs are masters of their craft, hailing from Morocco, Tunisia and Turkey.

19. Satori, Babs Al Shams Desert Resort and Spa, Dubailand

The Satori Spa offers treatments for the sole purpose of relaxation and rejuvenation in luxurious comfort. The resort offers tranquillity, peace and tradition, in an environment where individuals can be creative and focused and is the perfect setting to relax, unwind and enjoy stunning views of Arabian Desert.

20. Spa ZEN, Radisson Royal Hotel, Dubai

Spa Zen is a serene place dedicated to take you to a wellness and beauty journey where genuine healing and rejuvenation are reached. It is a place that provides tranquillity and relaxation, offering a large choice of treatments designed to accommodate to your wellness and beauty needs for inside-out relaxation and wellbeing. Spa Zen awaits you with beautiful cotton kimonos, Japanese slippers, plush towels and selected serene music for your peace and well-being.



Government of Dubai

Department of Tourism &
Commerce Marketing Australia
& New Zealand Representative

Office Level 14 Suites 5 & 6,

3 Spring Street, Sydney, NSW 2000, Australia

T: +61 2 9956 6620

E: dcm_au@dubaitourism.ae

W: www.dubaitourism.ae