



TOP 10 High Teas

Traditionally, afternoon tea was taken as a 'pick-me-up meal' by British nobility during the 19th century, consisting of a few light snacks and, of course, a big pot of tea. The concept of a sweet and savoury-filled few hours between lunch and dinner, the afternoon tea or 'high tea', has been heartily embraced by Dubai's residents, who are known for their love of long leisurely (and usually decadent) meals.

The city's luxury hotels have responded to this rise in interest with a collection of sumptuous tea offers. From delicate sandwiches, to scrumptious cakes, macaroons and scones and gourmet exotic teas, the afternoon tea ritual is one that should be tried regardless of how long you're in town for. We've rounded up some of our guilty pleasures below.

1. **The Lounge at At.mosphere, Burj Khalifa**

For the highest 'high tea' in the world, the Lounge at At.mosphere is the place to go. Gaze over Dubai, 122 floors up whilst sampling aromatic tea and delectable treats, or a glass of bubbly for the extra special experience. The Lounge is all ambient gorgeousness and understated elegance with gracious wait staff. The floor to ceiling windows showcases one of the best viewpoints of Dubai's landscape.

2. **SkyView Lounge, Burj Al Arab**

Afternoon tea at the Burj Al Arab is a decadent affair. The SkyView Bar on the 27th floor welcomes guests to the shimmering gold lobby and an extensive menu featuring 50 different types of teas or a glass of Champagne. The ambience of luxury is complimented with the level of service from the attentive staff and panoramic views of the Arabian Gulf and the Palm Islands.

3. **Raffles Salon, Raffles Dubai Hotel**

Raffles high tea is ideal for fashionistas or stylistas. The hotel's "Fashion High Tea" provides savouries and sweets inspired by designer collections straight off the runway where colour, style and garnishing reflect season's trends. Previously features dishes such as the Blackburrant Mousse Tote bag or the Black & White Chilli Stiletto. With 20 tea blends from luxury label Tchaba and dessert options, this is a quiet and peaceful venue for an indulgent afternoon getaway.



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4. **The Jewel Afternoon Tea, The Desert Palm**

Indulge in a special afternoon tea at The Desert Palm. The Desert Palm is an exclusive polo estate and an ideal way to enjoy a polo game is to sit among the polo pavilions hidden around the estate while enjoying a classic afternoon tea.

5. **The Lounge, Park Hyatt Dubai**

The Lounge provides a peaceful haven where guests can savour one of the most beloved afternoon rituals. Be presented with layered trays of goodies including traditional scones and clotted cream, delicious pastries and finger sandwiches and the impressive tea selections ranging from traditional favourites to the more exotic such as Moroccan mint, yellow gold oolong, lemon verbena and Japanese sencha.

6. **Al Fayrooz Lounge, Al Qasr**

Enjoy the novelty of tea on the balcony of Al Fayrooz Lounge and be plied with delicate choux pastries, soft scones, delicate sandwiches and elaborate variations of tea. Spend the afternoon surrounded by Arabian luxury at the Madinat Jumeirah with breathtaking views of the winding waterways, wide open seascapes of the Gulf and the Burj Al Arab.

7. **The Samovar Lounge, One & Only Royal Mirage**

Nibbling over sandwiches, scones and macaroons at The Samovar Lounge's beautifully relaxing balcony terrace overlooking the hotel's gardens, pool and Gulf scenery is an excellent way to spend a relaxing afternoon. Serving 16 types of tea, from Sri Lankan Ceylon to soothing chamomile, there's something for every mood.

8. **Tea @ the Tower for Two, Jumeirah Emirates Towers**

After a busy day with meetings, a quick relaxing afternoon tea at the Jumeirah Emirates Towers Lobby Lounge is most deserving. Choose from an assortment of mini sandwiches, French pastries, scones and cakes or just stick to the sweet stuff, with shortbread, petit fours, scones and pastries – both come with a choice of fine tea or freshly ground coffee.



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9. Bateaux Dubai

The Bateaux Dubai is the emirate's best-known luxury food cruise. The cruise takes in all the traditional sights of Dubai as it travels down the creek and the high tea package includes all the usual delicacies-sandwiches, cakes and savoury snacks accompanied with a large variety of drinks and teas and the extra option for a glass of bubbly.

10. Kambaa, The Address Dubai Marina

The chic lobby lounge of the Address Dubai Marina is the perfect place to meet and greet or watch the world go by. Light pastries, warm scones and gourmet sandwiches coupled with the finest selections of teas and exquisite coffees from around the globe, offers the perfect way to relax and reenergize.



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