



5 DAY ITINERARY

Girls' Holiday

Be amazed at the beautiful weather and breath-taking scenery that Dubai has to offer and realise why Dubai is one of the most visited cities in the world. Part of the United Emirates, Dubai is located just off the coast of the Arabian Peninsula. With a location like this you'll find that Dubai has an arid climate, perfect for sun worshippers on holiday.

Dubai has the perfect mix of cosmopolitanism and cultural attractions and adventures that makes it the best destination for an adventure with the girls. Whether looking for a spa, beach, shopping, nightlife getaway, Dubai is the best destination. It's just what any hard working woman needs.

It's a great place for a girly getaway, surrounded by nothing but the sun, sand and the sea. You and your girlfriends will be able to relax and unwind at one of the many exquisite spas whilst also enjoying some time for shopping and sunning yourselves.

Day One

Start your journey of relaxation and rejuvenation meandering your way through the labyrinth of lanes in the Heritage Village and Bastakiya Quarter and absorb the culture and catch a glimpse of bygone eras in the oldest neighbourhoods in Dubai. Take the opportunity to wander into the local art galleries to pick up an artwork that remind you of the unforgettable trip with the girls.

Head to the Bastakiya Art Café for a bite for lunch and grab a refreshing lemon and mint drink, or try the beautifully served Arabic coffee. Hugged in the friendly branches of the Narra tree and surrounded by greenery and blossoming pot plants, this leafy courtyard café makes you feel you're a million miles away from the hustle of Bur Dubai.

Spend the afternoon submersing your body in chocolate at the Ritz-Carlton Dubai Spa at the Ritz-Carlton Dubai Hotel. The Chocolate Indulgence is a perfect pampering session for those who want to live out their chocolate fantasies and de-stress at the same time. After a sugar-cane scrub, which leaves your skin exfoliated, you'll be smothered in Bella Lucca chocolate, which is filled with enriching nutrients. You'll then be bound in a warm blanket like a bar of Belgium's finest for 30 minutes. Like a cup of hot cocoa, it'll send you off to the land of nod, but unfortunately the therapist will wake you up to have a steaming shower followed by a full-body massage to conclude this delicious treat.



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Day One Continued...

Frock up for an elegant night out floating down the Dubai Creek on the Bateaux Dubai. Offering a 360-degree view of Dubai Creek from the sleek, all-glass, Seine designed Al Minsaf boat; cruise down the waterways of Dubai and be enthralled by the shimmering city skyline. The enchanting dinner cruise combines the best of sightseeing, fine dining and contemporary classical music.

Day Two

Prepare for a day of shopping extravaganza! Dubai's offering of malls and shopping precincts is truly world class. Dubai is a shopaholic's wonderland with the city's shopping centres evolving into miniature leisure destinations offering everything from exclusive lifestyle choices to action-packed entertainment. The Dubai Mall is the largest mall in the world and is home to more than a thousand retail outlets and features high-end designer labels such as Armani, Chanel, Louis Vuitton, Galleries Lafayette and Bloomingdale's and high street fashion favourites such as Topshop, New Look and Forever 21. The Dubai Mall also offers a series of breathtaking attractions, such as the Dubai Aquarium and the Dubai Fountain. Visiting during January will coincide with Dubai's Shopping Festival where all retailers around the city offer major discounts and specials for the month.

Rest those tired feet and handfuls of shopping bags and unwind at the world's highest restaurant at At.mosphere on Level 122 in the world's tallest building, Burj Khalifa. Indulge yourself and the girls with fragrant tea in dainty tea cups, scrumptious scones and sweet delicacies in the opulent and luxurious surroundings; while enjoying a front row seat to a panoramic view of the Arabian Gulf.

If the Dubai Mall does not shop you out, the Mall of Emirates is also a great shopping destination offering more than 500 international brands retailing fashion, lifestyle, sports, electronics and home furnishing products. The mall has a super stylish Fashion Dome featuring flagship stores such as Louis Vuitton, Paul Smith and Diane von Furstenberg.



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Day Two Continued...

After a huge day indulging in an unrivalled shopping experience, chill out in the evening under the stars in one of Dubai's best lounges and bars. Most of Dubai's lounges and bars have a happy hour earlier in the evening and special ladies evenings on Tuesdays offering free drinks and discounts.

Buddha Bar located in the Grosvenor House is a super sleek venue with super-elegant clientele is for those who want to dress up for a glamorous evening night out mingling with the trendy crowd. The Oriental themed interior makes the bar a memorable evening night out.

For a unique ladies night out, enjoy a uniquely Arabian evening in one of two atmospheric Courtyards at The Palace and Arabian Court at the One&Only Royal Mirage Resort. Here, guests enjoy 'Majlis' style seating on comfortable cushions, exotic mezzehs, and the unique experience of an aromatic 'Shisha' (hubbly-bubbly), all set to enchanting and authentic Arabian music.

Day Three

While away the morning on one of Dubai's beaches. Relax and enjoy the calm turquoise water of the Arabian Gulf and gain a golden tan than will be the envy of everyone back home. Head to Jumeirah Beach and relish in the panoramic views of the Burj Al Arab and the wide expanse of golden sand.

Indulge in a truly unique spa experience at the Talise Ottoman Spa. Located on the West Crescent of Palm Jumeirah, the Talise Ottoman Spa is a magnificent tribute to the ancient palaces of the Ottoman Empire. Within this spectacular palace, behind immense and ornately carved doors, awaits Dubai's best-kept secret, Talise Ottoman Spa. At the heart of this palatial spa, is an authentic and spectacular Turkish spa and hammam. Begin a journey of wellbeing which combines the ancient healing philosophies of the Ottomans with modern-day spa technology and luxury. Enjoy a traditional Hammam experience in one of the 42 treatment rooms or bask in steam rooms, saunas, floating baths and adventure showers and come out feeling totally refreshed and revitalised.

A trip to the desert in Dubai is a must not miss adventure. Join a Sundowner Dune Dinner Safari for an indulgent end to the day. The mysterious desert beckons for a magical evening night out. Leave the bustle of the city in the afternoon and be transported by 4WD to the Dubai Desert Conservation Reserve. The adventure in the desert begins with a falconry demonstration followed by a thrilling journey deep



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Day Three Continued

into the heart of the desert over the rolling dunes of the Reserve. Watch the setting sun casts its orange glow onto the vast expanse of glistening sand and be welcomed by the flickering lights of a traditional Arabian encampment. Conjuring up images of Arabian nights, be wined and dined in the Bedu tents on comfortable cushions and paint your hands with intricate henna and dress in traditional Arabic costume or for the more adventurous a short camel ride and an aromatic shisha.

Day Four

Spend your day exploring the traditional souks of the emirates by taking an Abra over the creek. You will find these souks stocked with juicy dates, fragrant herbs and spices, carved trunks, Dallahs or Arabic coffee pots, traditional daggers, goblets of marble and antique gold and silver jewellery. Some of the more popular souks include the Deira Gold Souq for gold and jewellery; the Deira Spice Souq for exotic herbs and spices; Bur Dubai Souq for textiles and trinkets.

The Souk Al Bahar, next to Dubai Mall is a charming Arabesque mall bringing an element of tradition to this vibrant and urban environment. Souk Al Bahar has over 100 shops and has a strong outdoor dining theme with more than 22 restaurants and cafés lining the waterfront promenade offering exclusive views of Burj Khalifa and The Dubai Fountain.

In the afternoon, enjoy the sports of kings over high tea. Savour classic high tea whilst watching the excitement of an exhilarating polo match at Desert Palm. As the sun dips over the Dubai skyline, listen to the sounds of a match in play whilst enjoying savoury and sweet delicacies on the terrace on the Desert Palm.

Indulge your senses at Ossiano for a unique dining experience. Ossiano is situated in the heart of the ocean with views of sharks and marine-life drifting past, the experience is coupled with the delight of dining in an elegant seafood restaurant with flavours from the Mediterranean, Pacific and Indian Oceans prepared to perfection by Chef de Cuisine Wesley Berghoff. Ossiano is a gentle, serene, almost surreal affair; nothing is rushed and the dishes seduce. With a view and food that inspires gasps of amazement; Ossiano provides a dining experience that will forever imprint this memory in to the mind.



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Day Five

To those that want a truly spectacular finish to this ultimate girl's getaway, a hot air balloon ride is a lovely way to absorb and hideaway the memories of the spectacular desert landscape. Experience a magical journey by air and take in the breathtaking views of dunes, emerald green oasis and breathe in the cool morning desert air as the day breaks.

Today is also the last chance indulge in more retail therapy. Visit the Souk Madinat Jumeirah for an experience that will surprise and delight every time. Wander through the traditional Arabian souk, past wind towers, lantern lit hallways and narrow waterways to discover the treasures hidden within. With more than 95 specially selected boutiques and shops there will always be something waiting for you to discover to take home. The Dubai Outlet Mall offers great shopping for great value for money as the stores offer year-long discounts of up to 90 per cent on merchandise. The outlet mall is home to over 800 of the world's top fashion brands.

Indulge yourself and the girls on your final evening in Dubai by being wined and dined in the luxurious settings of Al Iwan at Dubai's most iconic building, the Burj Al Arab. In the heart of the world's tallest atrium, flanked by golden columns and next to the lobby fountain is Al Iwan, where it offers a taste of the finest Arabic cuisine in resplendent and grand settings.

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